Optimization Model of Inheritance and Development of Folk Dance based on Aesthetic Value Analysis

Leyi Zhang
School of Art and Creativity at Hainan Tropical Ocean University, Hainan Sanya, 572022, China

Abstract
Under the background of the new information era, the development of multimedia and new culture has a great impact on national dance. In this paper, the author analyse the optimization model of inheritance and development of folk dance based on aesthetic value analysis. Under the background of the current cultural shock, the author proposes to achieve the organic integration of traditional folk dance culture and modern culture, so as to inherit and develop the traditional folk dance culture. We should also strengthen the students’ aesthetic perception of national folk dance; let them really feel the beauty value of national folk dance.

Key words: Instructional design, Media communication, Innovation ability, Folk material, Dance Teaching

1. INTRODUCTION
The birth and development of the national dance culture has a profound cultural background, it is deeply rooted in the lives of ordinary people, has become a diverse cultural characteristics of the country in an important part of national culture. However, look at the current national folk dance culture heritage, we found that the new era of the new culture had a greater impact on it, and even once fell into the demise and marginalization of the situation. Therefore, we believe that we need to take measures as soon as possible to do a good job of national folk dance culture heritage work, so that this unique values, aesthetics and morality of the cultural traditions can continue to survive and develop.

The spread of culture and culture from two dimensions of time and space, Dance is the art of coexistence of time and space, with cultural characteristics and personality characteristics of communication bearing. The culture of a nation is influenced by many factors, such as the geographical environment, living customs, ways of labor and religious belief. Formed a unique, different from other ethnic groups of moral concepts and aesthetic characteristics of the national culture, The folk dance of a nation reflects the thoughts, emotions, spirits and material of the nation. National folk dance has always been regarded as the soul of national culture, through the precious cultural wealth dance is the best carrier of communication. They through the rational and learn to acquire knowledge and information reflect the folk culture of the rich knowledge, wisdom of the new growth at the same time, the formation and development of cultural heritage by the influence of inheritance to promote cultural integration. Cultural heritage is the function of cultural inheritance and complementary cultural development of the most important and basic functionality to create, update, the positive effect of mutual promotion and mutual promotion in the dimension of philosophy and teaching significance.

In the current culture shock under the background of the times, we should actively resist various adverse effects, save in the marginalized ethnic folk dance tradition, to protect our nation's excellent culture belongs to the treasures of folk dance. Of course, we are in the process of protection and inheritance, can not adhere to the traditional mode while keeping the immutable and frozen but to conform to the development of the times, the trend, actively integrate into the modern culture and foreign culture, realize the organic integration of the traditional folk dance culture and modern culture, traditional folk dance culture inheritance in the real the inheritance and development of. Dance teachers should also take inheritance dance culture and the new development trend to explain to the students, from many aspects and angles to analyze, efforts to improve the level of classroom dance teaching, so that students can learn the essence of folk dance to realize the innovation of modern dance, which is also one of the folk dance culture inheritance way.

2. THE DEVELOPMENT AND INHERITANCE OF FOLK DANCE

The rapid development of China's folk dance, there are many different themes of the dance works, breaking the traditional dance mode, more and more to keep up with the pace of the times, is on the endangered intangible cultural heritage to save, but also carry forward the excellent traditional culture of china. This is because with the development of modern technology, by the cultural impact and influence on folk dance culture, is facing a grim situation, even in the loss of the edge of the struggle for a long time. In the new era, the national folk dance show multidimensional development trend of the full range of which is combined with the original form and stage art, folk dance performance of realistic themes, using the modern concept of the creation of ethnic folk dance choreography. It should be said that the new development of national folk dance is gratifying,
but at the same time, we must realize that it is also being impacted or replaced by other foreign strong culture, which is a very dangerous signal. We should stick to our native cultural traditions so that the original folk dances can not be extinct or assimilated. Therefore, many artists and folk artists are discussing this problem intensely. Whether the cultural inheritance of national folk dance has certain regularity? We believe that dance, as a dynamic art of the human body, must be regular. In fact, folk dance is a kind of non verbal culture, which generally develops and inherits with music, art, acrobatics, sports and other cultural systems. Folk dance is dynamic, with the communication function and the same language, mode of inheritance was similar to folk literature, and even some of the original ecological folk dance has inherited and original way. The inheritance law of national folk dance is not exactly the same as that of language inheritance. It is combined by rhythm law. Only by understanding the law of inheritance of folk dance culture, can we protect the cultural tradition of folk dance, improve its level of development, and exert a subtle cultural influence on people.

3. ANALYSIS OF THE SPECIFIC PATH OF CULTURAL INHERITANCE OF FOLK DANCE

The direct basis of cultural exchanges between ethnic folk dance culture inheritance is the masses of the people in time to participate in the national folk dance performances, they subconsciously accepted the mission of cultural factors the traditional inheritance, is also advantageous to enhance national unity and cohesion. Then, how do we further do the inheritance work of national folk dance culture, the specific path is as follows: first, we should do a good job of inheritance of folk dance. This is the basis for the development of folk dance culture. In today's world, various cultures collide with each other, which has brought great influence to the development of traditional folk dance culture. We should maintain a calm heart in the complex dance new phenomenon, adhere to the loyalty of the national folk dance culture. No matter how the development and change of the times, we must adhere to the traditional principles of folk dance culture, pay full attention to their characteristics and customs, adhere to their independent cultural values. For example, in the dance, it is on the basis of the original ecological dance style, adding new elements of the times created a national folk dance works, it is to let more people know about the original characteristics of the dance, is a precious spiritual wealth. It is mainly to convey the idea of returning to nature, return to body, reflects the contemporary people's national pride and the dedication. In this dance works, we can easily see that the inheritance of the national folk dance culture is the inheritance and development of the local national culture.

Secondly, we must do a good job in the development of folk dance culture. As the art of dance itself is the coexistence of space and time of the art category, with cultural characteristics and inheritance of the dual characteristics. It should develop with the change of the times, and it is not unchangeable. We should make the development of folk dance culture of the eye to see the future, look around, to treat the cultural heritage and development of folk dance with the development and innovation of the organic integration of vision, adhere to the traditional and modern consciousness. The development and innovation of this process is to seek change, of course, this change should have a certain scale, is the cultural development of ethnic folk dance should follow a certain nationality, national style and aesthetic value etc.. For example Korean dance "fan", it not only inherits the original Korean life, and the development of the "free dance good" action of vocabulary, and this action did not originate in the Korean vocabulary. Therefore, this dance is the innovation and development of Korean dance, it is integrated into the pulse and the creative thinking of the times, breaking the traditional image of Korean dance, folk dance is the extension of the connotation of traditional culture, to achieve the more deep-seated cultural heritage. Thus, the inheritance of folk dance culture is in constant exploration and innovation.
Thirdly, we should do well the teaching work of cultural inheritance of folk dance. As a dance teacher, we play an important guiding role in the inheritance of folk dance culture. Therefore, we in the dance teaching, should as soon as possible to update their teaching philosophy, to further broaden their horizons of teaching, make the folk dance teaching can rise to a higher level, to carry out a variety of dance teaching activities, students can feel the charm of folk dance in practice, encourage students to innovate, reflect their creative consciousness and personality style, so as to promote the strong of folk dance culture and dance style. At the same time, it is not enough to let students know only the folk dance culture, but let them understand the source of folk dance, let them understand the deeper action connotation. Dance teachers should also take inheritance dance culture and the new development trend to explain to the students, from many aspects and angles to analyze, efforts to improve the level of classroom dance teaching, so that students can learn the essence of folk dance to realize the innovation of modern dance, which is also one of the folk dance culture inheritance way. In addition, we should also focus on research and design of the national folk dance culture teaching, let the textbooks involves each region and the nation's unique culture, and let these textbooks have distinctive cultural heritage, and make the dance teaching to traditional ethnic folk dance culture inheritance. We have to strengthen the emotional and cultural education for the students of folk dance aesthetic perception, let the students into the dance training, let them feel the real folk dance body beauty and temperament, and reached one of the highest realm.

4. INNOVATIVE DANCE TEACHING METHOD

The result of the close interweaving of the combination of the cultural and the movement, the restriction of the dance inheritance must rely on the dance culture dance teaching, and it should be emphasized to find the starting point from the dance history culture. Research and China with the essence of local culture and the deep connotation of national aesthetic Chinese, respect local characteristics and ethnic dance culture ecological
environment resources from the dance grooves in the life dance culture, explore the language symbol recognition dance rhythmic characteristics change, moving towards law driven law and dynamic image of the cultural connotation of harmony through the teaching of folk dance in multicultural view always accept a specific method to open the following students to understand the action and action: with an overview of the national folk dance culture as the first open learning program. To understand the historical evolution of the ecological environment, the folk dance culture in the form of content, aesthetic characteristics and formation of the concept of a full range. In-depth fieldwork to master the original first-hand experience of the folk dance culture features and performance, from the aspects of national natural ecological environment of humanistic living space and economic foundation, social structure, life custom of local customs and practices of ethnic dance, form the structure of the religious consciousness of aesthetic psychology and other cultural phenomena and function exploration. Strengthen exchanges and discussions with various subjects, anthropology, folklore, sociology, history, psychology, linguistics research, aesthetics and Dance Aesthetics from the view of macro and micro analysis of the causes and cultural phenomenon in the folk dance with the new mode of interdisciplinary research to establish a comprehensive and integrated marginal cross. The divergent folk dance reflects the cultural and behavioral self value, activates the ability of independent work, breaks through the ability of innovation, and realizes divergent thinking and improvisation. People-oriented, people call the spirit of subjectivity to establish an equal relationship with students, let the teachers come out from the traditional role of the teacher into teaching designers, instructors, partners in the pursuit of freedom, harmony, two-way communication, learning atmosphere, creating a rich and colorful teaching situations create relaxed classroom atmosphere in the unity of the people natural and collective freedom, under the guidance.

Figure 4. Folk dance innovation

Select distinctive features, style prominent, targeted music gradually, purposefully stimulate interest in creation, inspire learning thinking, and constantly put forward problems, modify problems, solve problems, deepen the problem. Arouse the potential of the internal factors of students' creation. Improvisation, teachers in the teaching process is to inspire students to create a guide, students are learning explorers. Teachers should be good at taking culture inspiration, guidance, music, literature and Art Association, respect their own feelings and creation, love students creative enthusiasm of students must look into natural experience is not excessively the form and value the results and guide and capture improvisation consciously light improve students' creative interests and innovation consciousness. Imitation is the foundation and the only way to improvise. Improvisation begins with imitation. Only by mastering the folk materials and styles can the creative learning be carried out effectively. Both creation and creation are an integral part of the field of dance teaching. Improvisation does not have to do desk preparation before creation, and creativity is needed for imitation and creation.

5. CONCLUSIONS

In a word, national folk dance, as a precious intangible cultural heritage in China, has important cultural heritage significance. In the current culture shock under the background of the times, we should actively resist various adverse effects, save in the marginalized ethnic folk dance tradition, to protect our nation's excellent culture belongs to the treasures of folk dance. Of course, we are in the process of protection and inheritance, can not adhere to the traditional mode while keeping the immutable and frozen but to conform to the development of the times, the trend, actively integrate into the modern culture and foreign culture, realize the organic integration of the traditional folk dance culture and modern culture, traditional folk dance culture inheritance in the real the inheritance and development of. Dance teachers should also take inheritance dance culture and the new
development trend to explain to the students, from many aspects and angles to analyze, efforts to improve the level of classroom dance teaching, so that students can learn the essence of folk dance to realize the innovation of modern dance, which is also one of the folk dance culture inheritance way. In addition, we should also focus on research and design of the national folk dance culture teaching, let the textbooks involves each region and the nation's unique culture, and let these textbooks have distinctive cultural heritage, and make the dance teaching to traditional ethnic folk dance culture inheritance. We have to strengthen the emotional and cultural education for the students of folk dance aesthetic perception, let the students into the dance training, let them feel the real folk dance body beauty and temperament, and reached one of the highest realm.

REFERENCES